

## NEWS RELEASE

**For Immediate Release  
December 21, 2009**

### **Increasing Leadership Effectiveness Through Self-Understanding**

Gananoque ON – Class Thirteen of the Advanced Agricultural Leadership Program (AALP) met for their second session in late November 2009, at the Glen House Resort in Gananoque, to increase their leadership effectiveness by learning about their role in relationships. Class members, joined by their spouses and supporters, shared a bit about their personal lives, discovered their personality style based on the Insights Discovery profile using the Jung's typology and learned a group facilitation theory to increase teamwork effectiveness.

Saturday's focus was the Insights Discovery Workshop. Cora Whittington, AALP Class Three graduate, assisted by Helena Whittington facilitated this very enlightening session exploring the personality profiles that had been completed prior to the seminar. The day was spent identifying and understanding how personality styles affect the way we interpret, deal with, analyze and communicate in different situations. AALP participants and their guests had the opportunity to reveal some of their skills. The day concluded with groups performing songs summarizing their day.

The honorable Peter Milliken, Speaker, House of Commons, Canada & Member of Parliament, Kingston and the Islands explained the value and importance of good leadership in political implication. Milliken provided his perspective on the House of Commons and his non-partisan role in maintaining order in Chamber proceedings while protecting the rights and privileges of the House.

Pioneer Hi-Bred and Ontario Mutuels were featured in fundraising moments prepared by members of the class. These presentations highlight the businesses and the generous support that they provide to the program.

In preparation for the AALP Issues Analysis Projects, Marnie Kloppenburg, Facilitator, trainer and coaching consultant from Arva, Ontario explained "The Role of a Consultant". The key learnings from this session involved applying the acrostics for **d**ata, **e**motions, **a**nalysis, and **r**esolve (DEAR) for problem resolution in a consulting framework.

CJ Noble and Pam Charbonneau, Class 12 graduates, and members of the planning committee of the Winter Magic Dream Auction reported on the progress of this gala fund and friend raising event that will be held in Guelph Saturday February 20, 2010.

The Advanced Agricultural Leadership Program (AALP) is an executive development program for men and women who want to broaden their horizons and expand their networks to help shape the future of the agriculture and food sectors in Ontario. AALP is delivered by [The Centre for Rural Leadership](http://www.fco.on.ca).

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